



## Noticiero Bilingüe

# LAWNDALE

## NEWS

Sunday, February 16, 2020



### WEST SIDE TIMES

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ESTABLISHED 1940

## Ladder Up Kicks Off Tax Season with Free Help for Thousands of Taxpayers



individuals, has kicked off the 2020 tax season with the opening of most of its community tax sites. Ladder Up estimates that the organization's average client would pay \$300 to have their return prepared by a commercial preparer. Ladder Up offers a different path, recruiting and training hundreds of volunteers each year to help thousands of taxpayers secure critical tax credits and refunds free of charge. This tax season, Ladder Up aims to increase the number of families and

individuals receiving free tax help. It also hopes to raise awareness of critical tax credits, including the Earned Income Tax Credit (EITC), which can total more than \$6,500 per return. Unfortunately, one out of five people who qualify for the EITC does not claim it. More information about eligibility and what to bring to the Tax-A-Thon celebration event can be found at [www.goladderup.org](http://www.goladderup.org).

Ladder Up, a non-profit organization providing free tax-return preparation for eligible low-income

## Attorney General Raoul: Be Vigilant for Phone, Online Scams

Attorney General Kwame Raoul warned Illinois residents to be on alert for phone scams in which callers pose as representatives of law enforcement or public utilities in order to con people into sending money. Raoul is encouraging Illinois residents to be vigilant of scams in light of recent reports of scammers impersonating representatives of the Social Security Administration, the Illinois State Police (ISP) and public utilities. Raoul also is cautioning people to

be aware of similar scams via email, and of romance scams as Valentine's Day approaches. The recent phone scams involve scammers spoofing phone numbers, causing caller ID devices to display what appears to be a legitimate call from Social Security, the ISP or a utility. Scam artists on the other end of the line claim they are collecting on a phony debt and instruct their targets to make cash or gift card payments, wire transfers, or provide confidential personal information in order to avoid losing



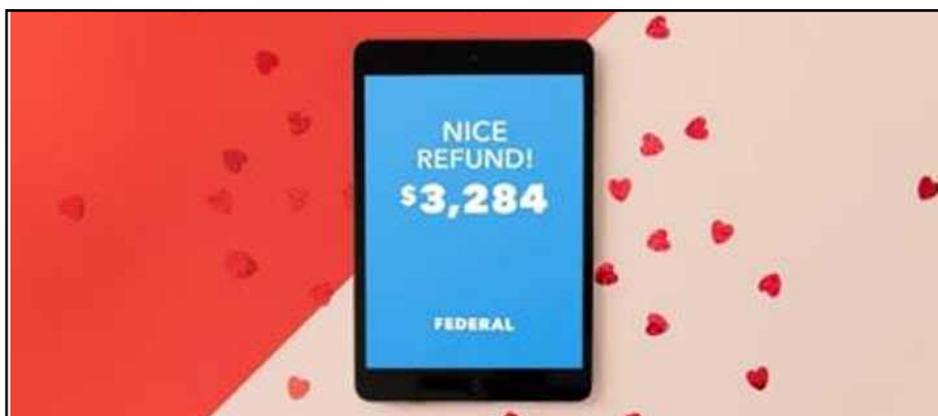
benefits, being arrested, or having their utilities shut off. Raoul encourages

residents who need to report a scam to do so on the Attorney General's website

or by calling his Consumer Fraud Hotline (1-800-386-5438 in Chicago, 1-800-

243-0618 in Springfield, and 1-800-243-0607 in Carbondale).

# Love in The Time of Taxes: How Your Marital Status Affects Your Taxes?



Courtesy of TurboTax  
Edited by  
Lawndale Bilingual  
News

February has arrived and with it comes Valentine's Day. Have you ever stopped and

thought about how your relationships affect you economically and fiscally? TurboTax knows that for some people, taxes can be as complicated as relationships and that is why we wanted to

share tips and deductions that might help you depending on your marital status. Identify your status and read carefully:

**If you're single:** Being single has many benefits, and also in the

taxes scenario. Treat your single self to these tax benefits:

**Standard Deduction:** The new tax reform law almost doubled the standard deduction for singles to \$12,000. Some singles who itemized last year may see a bigger benefit by claiming the new standard deduction versus claiming itemized deductions like mortgage interest, taxes, and donations. Plus, out of pocket employee expenses are no longer deductible.

**If you're married:** Whether you're recently married, or have been married for some years, here we share

the tax benefits of getting hitched:

**Consider an itemized deduction:** As a married couple, it may make sense to claim itemized deductions instead of the standard deduction. If you are in doubt about whether to file a joint return with your spouse, you can connect live via one-way video with a CPA or an enrolled agent from TurboTax Live with an average of 15 years of experience to explain the pros and cons of each situation.

**If You're Divorced:** Divorce itself is quite difficult. If you are one of the many people who

went through a divorce, you will be dealing with a different tax situation as a result. Here are some recommended actions:

**Analyze your divorce decree to determine who will declare the children as dependents:** If your divorce agreement did not specify who will make the children dependents, then the parent who has custody will do so. If custody is shared, the parent who spends the most days with the child during the tax year is the one who declares the child as a dependent.

For the full report or for more information, visit <https://turbotax.intuit.com/>

# Ways to Transform Your Side Gig into Your Main Show

If you try to make a buck on the side with an extra job that inspires you but doesn't really pay the bills, you'll likely hear this sobering and uninspiring advice: Don't quit your day job. But some people do manage to turn a side hustle into a main hustle – and prosper in the process. “It definitely takes effort, energy, and a willingness to step out there, but the rewards can be great,” says Shravan Parsi, CEO and founder of American Ventures, a commercial real estate company, and ForbesBooks author of *The Science of the Deal: The DNA of Multifamily and Commercial Real Estate Investing*. Parsi has a few

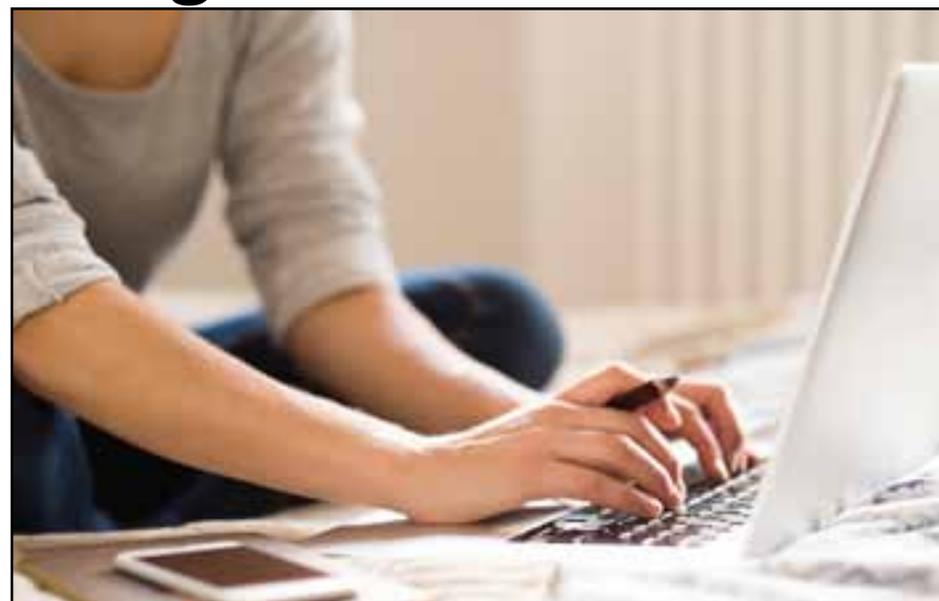
tips for those who long to shake loose from their current careers and venture into something that drives their passions:

- **Be bold and flexible.** A willingness to take chances and adapt to changing circumstances is critical. Even in seventh grade in his native India, ambition boiled in Parsi. He realized that to become the kind of global leader he aspired to be, he would need to know English. So, he transferred to an English school. “My parents supported my decision even though they knew it would be challenging,” he says.

- **Pivot when necessary.** Life doesn't

always go as planned, so you need to be prepared to change direction, Parsi says. As an example, Parsi originally planned to follow in his father's footsteps and become a doctor. But admission to medical school in India is highly competitive and he missed the cutoff criteria by one-tenth of a point. That's when he pivoted and became a pharmaceutical scientist instead.

- **Learn how to sell anything.** At different periods in his life, Parsi worked in a cell phone store, sold Amway products, and sold nutritional supplements. Those experiences weren't always the best, he



acknowledges, but he did gain something from them. “I realized that if I can sell

the products and a story and recruit others, then I can sell anything,” Parsi

says. “Selling is a pivotal skill most entrepreneurs must have.”

FOR SALE

## TERRENO DE 26 HECTAREAS DE VENTA EN ECUADOR

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# Fiesta de Carnaval de Wicker Park Fungirá como Recaudación de Fondos



St. Joseph's Services será el anfitrión de una fiesta de Carnaval para llamar la atención sobre las muchas actividades comunitarias que conducen y para fungir como recaudación de fondos para esas actividades. La fiesta está programada para el 25 de febrero en el restaurante Paradise Park, en Wicker Park. Se invita al público a que asista. Los boletos por adelantado cuestan \$75 y \$85 en la puerta. Los boletos incluyen pizza, cerveza, vino y bebidas regulares. St. Joseph Services ofrece

programas educativos y de apoyo y servicios a jóvenes y adultos de los barrios de Chicago más afectados por la violencia y la pobreza. La organización sirve con la visión orientadora de construir comunidades desde adentro. Todos los programas tienen el apoyo de personal entrenado y una fuerza ampliamente voluntaria. St. Joseph's Services es una organización no lucrativa 501(c)3. Lo que se recaude de la fiesta de Carnaval será utilizado para apoyar y ampliar programas que ofrece

St. Joseph Services. Las festividades comienzan a las 6 p.m. y terminan a las 9 p.m. y los asistentes deben tener de 21 años en adelante para que se les permita la entrada. Paradise Park está localizado en el 1913 W. de la Ave. North, Chicago. Para más información sobre St. Joseph Services y detalles sobre la Fiesta de Carnaval, llamar al 773-278-0484 o vía e-mail a info@stjosephservices.org. Para más información, visitar [www.stjosephservices.org](http://www.stjosephservices.org).

**CHICAGO a cappella**

## Fiesta Coral MEXICANA

El aplaudido conjunto vocal, *Chicago a cappella*, interpreta luminosas piezas corales mexicanas, incluyendo obras maestras barrocas, música folclórica tradicional, obras contemporáneas resplandecientes y piezas populares favoritas.

**Performances / Conciertos:**  
 Evanston: Feb. 9 (3:00 PM) - Nichols Concert Hall  
 Chicago: Feb. 15 (8:00 PM) - National Museum of Mexican Art  
 Naperville: Feb. 21 (8:00 PM) - Wentz Concert Hall  
 Oak Park: Feb. 23 (3:00 PM) - Pilgrim Congregational Church

**Take \$10 off any performance with the code: LAWNDALE**

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## La Banda Plena Libre, Nominada al GRAMMY Regresa a la Universidad de Chicago este Marzo



El Departamento de Música de la Universidad de Chicago se complace en compartir el programa de eventos de marzo para las actividades de residencia de la banda puertorriqueña Plena Libre. La banda, que es el Grupo en Residencia

Don Michael Randel 2019-20 en la Universidad, participará en una variedad de eventos y programas del 2 al 8 de marzo, incluyendo un concierto con la Orquesta Sinfónica de la Universidad, un debate de mesa redonda a

la hora del almuerzo y un taller de baile de plena con la recipiente del subsidio Chicago3Arts, Ivelisse Díaz. Estos eventos son abiertos al público y completamente gratis. Más información disponible en [musicuchicago.edu](http://musicuchicago.edu) y en [www.plenalibre.com](http://www.plenalibre.com).



## 'Prejuvenation' Things Millennials Can Do to Maintain Their Youth

Many people in their 20's are stressed out about high post college student loan debt requiring side hustles to pay it off. They're noticing tired eyes and premature wrinkles as they turn to filters to optimize their social media photos. There is pressure to keep up with celebrities their age not to mention the countless millennial "social media influencers" who are setting the new standard for beauty and youth. Bottomline, millennials are stressed, and they don't want to look it. Dr. Manish Shah, a Denver, Colorado Board-Certified Plastic Surgeon who specializes in facial plastic surgery urges the under 30 crowd not to overdo it with expensive treatments and procedures that can actually make them look older and put them further into debt.

### Get your Vitamin C.

"Vitamin C is a huge collagen booster and it also reduces pores and brightens skin, and these are the exact things women in their late 30's and 40's complain about most," he reveals. Foods such as cantaloupe, mango, pineapples, oranges, grapefruits, and berries are all packed with this antioxidant which, when eaten regularly does wonders to sustain a youthful glow.

### Ditch the fast food and eat more fish.

Those late night post partying fries and pizza are to be expected and at 25 are difficult to avoid. Perhaps your metabolism can handle it, for now. Offset these weekend indulgences by eating fish during the week. "Fish oil has fatty acids can erase early wrinkles you may notice.

It prevents inflammation which can only make wrinkles more noticeable and deeper over time. Many millennials who are picky eaters and avoid seafood can get Omega-3's via supplements but getting it directly from eating fish is best," Dr. Shah suggests. **Decrease your sugar intake.**

You really want to start getting mindful about your sugar intake in your 20's for many different reasons. "Sugars and carbohydrates are a beauty killer because they are pro-inflammatory. Pasta, ketchup, candy, ice cream, and fruit juices are often dietary staples for those under 30. Any inflammation in the body will show up on the face in the form of adult acne, sagging and wrinkling not to mention sallow skin tone," warns Dr. Shah.

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## Matteson, Park Forest, and Richton Park Partner with RTA to Find Mobility Solutions

The Villages of Matteson, Park Forest, and Richton Park, in partnership with the RTA, recently launched a Transportation Alternatives Study to identify mobility barriers and solutions in these communities. The study will help the Villages identify and implement transportation options that meet the unique

transit needs of local residents and employees, complement existing transit services, prepare the villages for change, build public awareness of transportation options, and help make the communities more environmentally sustainable. Completion of the Transportation Alternatives Study is

expected by the end of this year. In addition to the partnership with Matteson, Park Forest, and Richton Park, the program has over the past two decades supported more than 200 planning and implementation projects funded with \$210 million from combined RTA, local, and federal sources.



## Parkinson's Disease May Start Before Birth

People who develop Parkinson's disease before age 50 may have been born with disordered brain cells that went undetected for decades, according to new Cedars-Sinai research. The research points to a drug that potentially might help correct these disease processes. Parkinson's occurs when brain neurons that make

dopamine, a substance that helps coordinate muscle movement, become impaired or die. Symptoms, which get worse over time, include slowness of movement, rigid muscles, tremors and loss of balance. In most cases, the exact cause of neuron failure is unclear, and there is no known cure. At least 500,000 people

in the U.S. are diagnosed with Parkinson's each year, and the incidence is rising. Although most patients are 60 or older when they are diagnosed, about 10 percent are between 21 and 50 years old. The new study, published in the journal Nature Medicine, focuses on these young-onset patients.

## GRAMMY-nominated Plena Libre Returns to UChicago this March



The University of Chicago Department of Music is excited to share the schedule of events for Puerto Rican band Plena Libre's March residency activities. The band, which is the 2019-20 Don Michael Randel

Ensemble-in-Residence at the University, will participate in a variety of events and programs March 2<sup>nd</sup> through 8<sup>th</sup>, including a concert with the University Symphony Orchestra, a lunchtime roundtable discussion, and

a plena dance workshop with Chicago 3Arts grant recipient Ivelisse Diaz. These events are open to the public and free of charge. More information is available at music.uchicago.edu and at www.plenalibre.com.

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EN CINES EL 21 DE FEBRERO

LAWNDALE

# NIU removes use of standardized test scores for 2021 applicants

New 'test-blind' policy is first of its kind for an Illinois institution. Northern Illinois University announced it will eliminate the use of standardized test scores for general admission and merit scholarship decisions. This new "test-

blind" policy will begin for students applying to NIU for the fall of 2021. Any high school graduate who applies to NIU with a cumulative GPA of 3.0 or above will be guaranteed admission. All freshman applicants will be automatically

considered for NIU Merit Scholarships, based on their GPA. The sweeping change includes the University Honors Program, with students applying to that program for the fall of 2021 no longer required to submit standardized test scores. National

higher education studies and NIU's own data show a student's high school GPA is a better indicator of future academic success than performance on a standardized ACT or SAT test. The new practices aim to empower disadvantaged students without the means



or resources to prepare for tests, and they reflect well-documented findings that standardized test scores

often are more reflective of a student's socioeconomic background than their academic abilities.

## SALUD CEREBRAL

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Rush University's Movement Disorders Neurology team, in partnership with the Parkinson's Foundation, is hosting its first..

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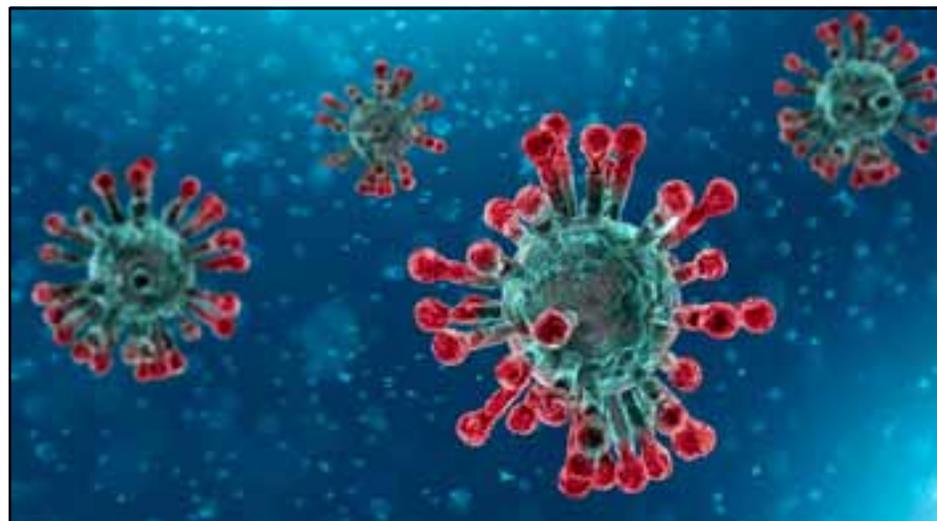
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Lectures and breakout sessions in Spanish

# Illinois First State to Test for Novel Coronavirus



The Illinois Department of Public Health (IDPH) is now able to conduct testing for the 2019 novel coronavirus (2019-nCoV), making Illinois the first state to be able to do testing in state. Once specimens from individuals are received at the Chicago IDPH laboratory, test results are typically available within 24 hours. IDPH is in the process of bringing testing for 2019-nCoV online in its

Springfield and Carbondale laboratories. Last Wednesday, the Centers for Disease Control and Prevention (CDC) began shipping 2019-nCoV laboratory test kits to select qualified U.S. and international laboratories. The distribution and use of the test kits follows the U.S. Food and Drug Administration, February 4, 2020, issuance of an Emergency Use Authorization. The test is

intended for use with upper and lower respiratory specimens collected from people who meet CDC criteria for 2019-nCoV testing. Those criteria include looking at travel and/or exposure history, as well as symptoms and/or fever. Residents in Illinois outside Chicago can call the hotline at 800-889-3931 or email [DPH.SICK@illinois.gov](mailto:DPH.SICK@illinois.gov) for more information.

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## Chicago Auto Show's First Look for Charity Gala Raises \$2.8M



Eighteen area charities last Friday shared more than \$2.8 million raised by the 2020 Chicago Auto Show's benevolent event, First Look for Charity, and one attendee left with the keys to a new vehicle. The black-tie benefit, which is held the evening before the auto show opens its 10-day public run, raised \$2,812,016, boosting its total raised to more than \$56 million over 29 years. As the name of the event implies, those who attend First Look for Charity are part of the premier viewing

of each year's Chicago Auto Show. Tickets to the fundraiser are \$275 each, and purchasers can elect to have their proceeds equally benefit all participating charities, or any one charity of their choosing.

This year's beneficiaries included the 100 Club of Chicago, Advocate Health Care, the ALS Association Greater Chicago Chapter, Boys & Girls Clubs of Chicago, and Catholic Charities of the Archdiocese of Chicago. Also, Catholic Charities of the Diocese

of Joliet, Clearbrook, Franciscan Community Benefit Services, Habitat for Humanity, JDRF, Susan G. Komen Chicago, the Ann & Robert H. Lurie Children's Hospital of Chicago, and Lydia Home & Safe Families for Children. And, Misericordia, New Star, Special Olympics Illinois, Turning Pointe Autism Foundation, and the Jesse White Tumbling Team. For more information on the 2020 Chicago Auto Show, visit [www.ChicagoAutoShow.com](http://www.ChicagoAutoShow.com).

## La Gala Benéfica del Auto Show de Chicago Recauda \$2.8 Millones

Dieciocho organizaciones benéficas del área compartieron más de \$2.8 millones recaudados en el evento benéfico del Auto Show de Chicago 2020., First Look for Charity y un asistente obtuvo las llaves para un nuevo auto. El beneficio, de corbata negra, que tuvo lugar la tarde antes de que el auto show abriera su exhibición de 10 días, recaudó \$2,812,016 subiendo su recaudación total a más de \$56 millones en 29 años. Como lo implica el nombre del evento, los que asisten a First Look for Charity son parte de una vista premier del Auto Show anual de Chicago. Los boletos para la entrada cuestan \$275 cada uno y los compradores pueden elegir que su contribución sea repartida entre todas las organizaciones o para una



de su predilección.

Los beneficiarios de este año incluyeron a 100 Club of Chicago, Advocate Health Care, the ALS Association Greater Chicago Chapter, Boys & Girls Clubs of Chicago y Caridades Católicas de la Arquidiócesis de Chicago. También, Caridades Católicas de la Diócesis de Joliet, Clearbrook, Franciscan Community Benefit Services, Habitat for Humanity, JDRF, Susan

G. Komen Chicago, the Ann & Robert H. Lurie Children's Hospital of Chicago y Lydia Home & Safe Families for Children. Y, Misericordia, New Star, Special Olympics Illinois, Turning Pointe Autism Foundation y Jesse White Tumbling Team. Para más información sobre el Chicago Auto Show del 2020, visite [www.ChicagoAutoShow.com](http://www.ChicagoAutoShow.com).

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Construida en un vecindario de gran plusvalía, frente a la Universidad ESPE, completamente segura con guardianía las 24 horas. La casa está situada en un punto alto de la comunidad La Colina y ofrece magníficas vistas. En los alrededores hay comercios y vida nocturna en un agradable vecindario. *Para más información y fotos por favor visite nuestro web site.*

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Excelente oportunidad de invertir en agricultura orgánica. Los terrenos están rodeada de árboles de balsa. Ubicación inmejorable, se encuentra cerca de la carretera principal en el pueblo San Pedro cerca a El Triunfo, provincia del Cañar a tan solo 1 hora de Guayaquil y 3 horas a Cuenca. La tierra siempre gana plusvalía. Su valor siempre sube a pesar de cualquier circunstancia económica del país.

La agricultura es la mejor inversión en este momento. El rendimiento de su inversión supera con creces los intereses bancarios. Es una gran oportunidad para jóvenes o personas que estén pensando en retirarse con deseos de poner a trabajar su dinero con ganancias seguras.

El clima es perfecto para sembrar árboles de alto rendimiento económico como la teca y balsa y plantaciones comerciales de cacao, yuca, banano o bien pastizales para ganadería. Las opciones son innumerables. Su inversión puede ser en muchísimas plantaciones de alto valor y rendimiento.

Las plantaciones de árboles necesitan poca supervisión durante su crecimiento, por ello es que esta es una oportunidad inmejorable para residentes en el extranjero.

No es necesario el cuidado constante de las plantaciones.

Es una oportunidad de inversión inmejorable. Ud. puede recuperar su inversión en tan solo un par de años con una plantación de cacao o bien a lo más en 4 años si es una plantación de balsa.

Por su ubicación, la finca es también susceptible de lotificación y urbanización.

## **LLAMAR AL 708-983-3420**

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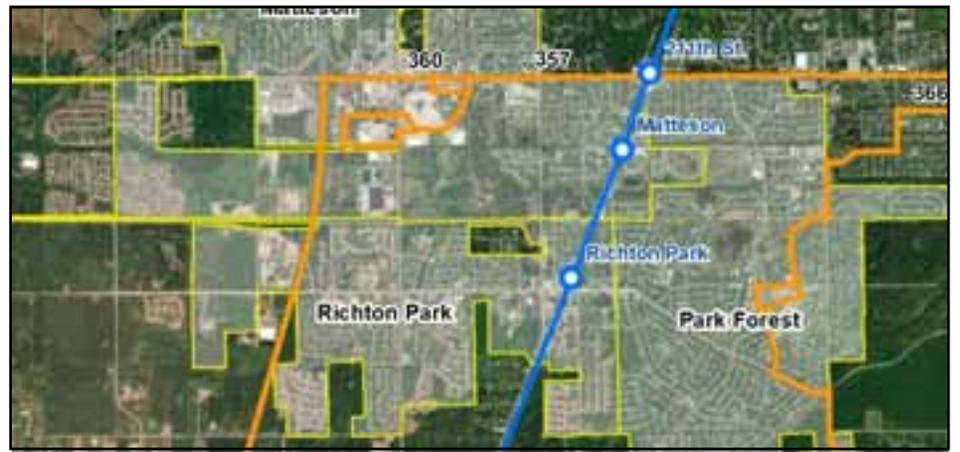
# La Enfermedad de Parkinson Podría Empezar Antes del Nacimiento



La gente que desarrolla la enfermedad de Parkinson antes de los 50 años puede haber nacido con células cerebrales enfermas, que no se detectaron por décadas, de acuerdo a nuevas investigaciones de Cedars-Sinai. La investigación señala una droga que potencialmente podría ayudar a corregir este proceso de enfermedad. El Parkinson ocurre cuando

las neuronas cerebrales que producen dopamina, una sustancia que ayuda a coordinar el movimiento muscular, se enferman o mueren. Los síntomas, que pueden empeorar con el tiempo, incluyen lentitud de movimiento, rigidez muscular, temblores y pérdida del equilibrio. En la mayoría de los casos, la causa exacta del fallo de neuronas no está claro y

no hay cura conocida. Por lo menos 500,000 personas en E.U. son diagnosticadas con Parkinson cada año y la incidencia crece. Aunque la mayoría de los pacientes tienen 60 años o más cuando son diagnosticados, aproximadamente el 10 por ciento tienen entre 21 y 50 años de edad. El nuevo estudio, publicado en el diario Nature Medicine, está enfocado en estos pacientes jóvenes.



## Matteson, Park Forest y Richton Park se asocian con RTA para encontrar soluciones de movilidad

Las Villas de Matteson, Park Forest y Richton Park, en afiliación con RTA, lanzaron recientemente un Estudio de Alternativas de Transporte para identificar las barreras y soluciones de movilidad en estas comunidades. El estudio ayudará a las villas a identificar e implementar opciones de transporte que atiendan

las necesidades de tránsito únicas para los residentes y empleados de la localidad, complementando servicios del tránsito existente, preparando a las villas para el cambio, concientizando al público sobre opciones de transporte y ayudando a hacer las comunidades más ambientalmente sostenibles. Se espera que para finales de año

se termine el Estudio de Alternativas de Transporte. Además de la afiliación con Matteson, Park Forest y Richton Park, el programa tiene más de dos décadas apoyando más de 200 proyectos de planeación e implementación, con \$210 millones de fuentes de ingresos combinadas, de la RTA, local y federal.



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